

Good Shepherd Episcopal Church



The Village of Pine Grove, Virginia



Ash Wednesday

March 5, 2024

Welcome to Good Shepherd Church

We are so glad you are here or joining us online!



CALENDAR

WED Mar 5 Ash Wednesday Imposition of Ashes and

6:30 p.m. Holy Communion, with The Rev. Deborah Rutter

SUN Mar 9 The First Sunday in Lent

Daylight Saving Time starts

11:00 a.m. Holy Eucharist with the Rev. Cathy Tibbetts

LEM & Prayers: Tim Hall

Lay Readers: Kelly Macoy & Lee Ruddle

Zoomer: Penni Tidwell

TUE Mar 11 Women's Al-Anon in the Parish Hall (Noon to 2 p.m.)

WED Mar 12 Lenten Study, 6 p.m. to 8 p.m. at the church (see Notices)

SAT Mar 15 Vestry Retreat

9:00 a.m. to 3:00 p.m. in the Parish Hall

SUN Mar 16 The Second Sunday in Lent

11:00 a.m. Holy Eucharist with the Rev. Deborah Rutter

Lay Readers: Bethany & Rick Whitehouse

LEM & Prayers: Janet Locklear

Zoomer: Judy Hall

TUE Mar 18 Women's Al-Anon in the Parish Hall (Noon to 2 p.m.)

WED Mar 19 Lenten Study, 6 p.m. to 8 p.m. at the church (see Notices)

THU Mar 20 Vestry Meeting, 10 to 11:30 a.m. in the Parish Hall

SAT Mar 22 AA Meeting, 7 to 10 p.m. downstairs in the Parish Hall

Please note that **we do not pass the plate** to collect the offering. You may leave your gifts in the offering plate on the table in the Narthex as you enter or leave the church.

Hymns are sung from: The Hymnal 1982 (the blue book),
Wonder, Love, and Praise ("WLP" the green book), and
Lift Every Voice and Sing II ("LEVAS" the red & black book).

THE HOLY EUCHARIST: RITE ONE

Celebrant: The Rev. Deborah Rutter

LEM & Prayers: Josette Keelor

Lay Readers: Kelly Macoy & Charlene Fu

Music Leader: Janet Locklear | Zoomer: Judy Hall

Prelude "What Wondrous Love is this"

American Folk Hymn

The Collect of the Day

The Celebrant says to the people, all standing

Bless the Lord who forgiveth all our sins..

People

His mercy endureth for ever.

Celebrant

Let us pray.

Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lessons

Please be seated

The Old Testament: Isaiah 58:1-12

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God. "Why do we fast, but you do not see? Why humble ourselves, but you do not notice?" Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord?

Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break

every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am.

If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. The Lord will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.

The Word of the Lord

People **Thanks be to God.**

Hymn 411 “O Bless the Lord my soul” *vv. 2, 3 and 4*

The Epistle: 2 Corinthians 5:20b - 6:10

We entreat you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God. As we work together with him, we urge you also not to accept the grace of God in vain. For he says,

“At an acceptable time I have listened to you,
and on a day of salvation I have helped you.”

See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone’s way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good

repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see—we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

The Word of the Lord.

People **Thanks be to God.**

Gradual **Hymn 142** “Lord who throughout these forty days” *vv. 1 and 4*

Then, [all standing,] the Celebrant reads the Gospel, first saying

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

The Gospel: Matthew 6:1-6, 16-21

“Beware of practicing your piety before others in order to be seen by them; for then you have no reward from your Father in heaven.

“So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret; and your Father who sees in secret will reward you.

“And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you.

“And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you.

“Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for

yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also.”

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

The Homily

Rev. Deborah Rutter

The People may be seated

Hymn “Sunday’s Palms Are Wednesday’s Ashes”

see insert

Invitation to a Holy Lent

After the hymn the Celebrant or Minister appointed invites the people to the observance of a holy Lent, saying

Dear People of God: The first Christians observed with great devotion the days of our Lord’s passion and resurrection, and it became the custom of the Church to prepare for them by a season of penitence and fasting. This season of Lent provided a time in which converts to the faith were prepared for Holy Baptism. It was also a time when those who, because of notorious sins, had been separated from the body of the faithful were reconciled by penitence and forgiveness, and restored to the fellowship of the Church. Thereby, the whole congregation was put in mind of the message of pardon and absolution set forth in the Gospel of our Savior, and of the need which all Christians continually have to renew their repentance and faith.

I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God’s holy Word. And, to make a right beginning of repentance, and as a mark of our mortal nature, let us now kneel before the Lord, our maker and redeemer.

Silence is then kept for a time

Imposition of Ashes

Almighty God, you have created us out of the dust of the earth: Grant that these ashes may be to us a sign of our mortality and penitence, that

we may remember that it is only by your gracious gift that we are given everlasting life; through Jesus Christ our Savior. **Amen.**

The people present themselves for ashes, which are imposed with the following words

Remember that you are dust, and to dust you shall return.

The following Psalm is then said responsively by half verse, all seated or kneeling

Psalm 51

(said responsively by half verse)

Miserere mei, Deus

- 1 Have mercy on me, O God, according to your loving-kindness; *
in your great compassion blot out my offenses.
- 2 Wash me through and through from my wickedness *
and cleanse me from my sin.
- 3 For I know my transgressions, *
and my sin is ever before me.
- 4 Against you only have I sinned *
and done what is evil in your sight.
- 5 And so you are justified when you speak *
and upright in your judgment
- 6 Indeed, I have been wicked from my birth, *
a sinner from my mother's womb.
- 7 For behold, you look for truth deep within me, *
and will make me understand wisdom secretly.
- 8 Purge me from my sin, and I shall be pure; *
wash me, and I shall be clean indeed.
- 9 Make me hear of joy and gladness, *
that the body you have broken may rejoice.
- 10 Hide your face from my sins *
and blot out all my iniquities.
- 11 Create in me a clean heart, O God, *
and renew a right spirit within me.
- 12 Cast me not away from your presence *
and take not your holy Spirit from me.
- 13 Give me the joy of your saving help again *
and sustain me with your bountiful Spirit.
- 14 I shall teach your ways to the wicked, *
and sinners shall return to you.
- 15 Deliver me from death, O God, *
**and my tongue shall sing of your righteousness,
O God of my salvation.**

- 16 Open my lips, O Lord, *
 and my mouth shall proclaim your praise.
- 17 Had you desired it, I would have offered sacrifice; *
 but you take no delight in burnt-offerings.
- 18 The sacrifice of God is a troubled spirit; *
 a broken and contrite heart, O God, you will not despise.

Litany of Penitence

The Celebrant and People together, all kneeling

Most holy and merciful Father:

**We confess to you and to one another,
and to the whole communion of saints in heaven and on earth,
that we have sinned by our own fault in thought, word, and deed;
by what we have done, and by what we have left undone.**

A lay prayer intercessor continues

We have not loved you with our whole heart, and mind, and strength.
We have not loved our neighbors as ourselves.
We have not forgiven others, as we have been forgiven.

Have mercy on us, Lord.

We have been deaf to your call to serve, as Christ served us.
We have not been true to the mind of Christ.
We have grieved your Holy Spirit.

Have mercy on us, Lord.

We confess to you, Lord, all our past unfaithfulness:
the pride, hypocrisy, and impatience of our lives,
We confess to you, Lord.

Our self-indulgent appetites and ways, and our exploitation of other
people,
We confess to you, Lord.

Our anger at our own frustration, and our envy of those more fortunate
than ourselves,
We confess to you, Lord.

Our intemperate love of worldly goods and comforts, and our dishonesty
in daily life and work,
We confess to you, Lord.

Our negligence in prayer and worship, and our failure to commend the faith that is in us,

We confess to you, Lord.

Accept our repentance, Lord, for the wrongs we have done:
for our blindness to human need and suffering, and our indifference to injustice and cruelty,

Accept our repentance, Lord.

For all false judgments, for uncharitable thoughts toward our neighbors,
and for our prejudice and contempt toward those who differ from us,

Accept our repentance, Lord.

For our waste and pollution of your creation, and our lack of concern for those who come after us,

Accept our repentance, Lord.

Restore us, good Lord, and let your anger depart from us;

Favorably hear us, for your mercy is great.

Accomplish in us the work of your salvation,

That we may show forth your glory in the world.

By the cross and passion of your Son our Lord,

Bring us with all your saints to the joy of his resurrection.

The Celebrant continues

Almighty God, the Father of our Lord Jesus Christ, who desires not the death of sinners, but rather that they may turn from their wickedness and live, has given power and commandment to his ministers to declare and pronounce to his people, being penitent, the absolution and remission of their sins. He pardons and absolves all those who truly repent, and with sincere hearts believe his holy Gospel.

Therefore we beseech him to grant us true repentance and his Holy Spirit, that those things may please him which we do on this day, and that the rest of our life hereafter may be pure and holy, so that at the last we may come to his eternal joy; through Jesus Christ our Lord. **Amen.**

The Peace

The People stand

Celebrant The peace of the Lord be always with you.

People **And also with you.**

The People may be seated for announcements.

THE HOLY AND SPIRITUAL COMMUNION

The Offertory

The Celebrant begins the Offertory with a sentence of Scripture.

The People stand for the Doxology

Hymn 380 v.3 “Praise God from whom all blessings flow” *Old 100th*

The Great Thanksgiving

Eucharistic Prayer II, BCP p. 340

Celebrant The Lord be with you.

People **And with thy spirit.**

Celebrant Lift up your hearts.

People **We lift them up unto the Lord.**

Celebrant Let us give thanks unto our Lord God.

People **It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Through Jesus Christ our Lord; who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying:

Hymnal S-113

***Holy, holy, holy Lord, God of Hosts,
heaven and earth are full of thy glory.***

Glory be to thee, O Lord Most High.

Blessed is he that cometh in the name of the Lord.

Hosanna in the highest.

The People may be seated or kneel

Then the Celebrant continues

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in

his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

At the following words concerning the bread, the Celebrant is to hold it, or to lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **Amen.**

And now as our Savior Christ hath taught us, we are bold to say,

People and Celebrant

Our Father who art in heaven,
hallowed be thy Name.
thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.

The Breaking of the Bread

Celebrant: Christ our Passover is sacrificed for us.

People: Therefore let us keep the feast.

Agnus Dei

Hymnal S-158 (Sung in Unison)

*O Lamb of God, that takest away the sins of the world,
have mercy upon us.*

*O Lamb of God, that takest away the sins of the world,
have mercy upon us.*

*O Lamb of God, that takest away the sins of the world,
grant us thy peace.*

An Invitation to a Spiritual Communion

A spiritual communion is a personal devotional that can be prayed at any time to express a desire to receive Holy Communion when circumstances prevent a person from actually receiving Holy Communion.

The Act of Reception

The Celebrant invites the following prayer to be said by all virtual participants.

Lord Jesus, I believe that you are truly present in the Holy Sacrament.

And, since I cannot at this time receive communion, I pray you to come into my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

The Celebrant says the following

The Gifts of God for the People of God.

Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.

Communion **Hymn WLP 825** “Bless the Lord my Soul”

After communion, the Celebrant says

Let us pray.

Celebrant and People

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

The Celebrant pronounces this blessing

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. **Amen.**

Closing **Hymn 674** “Forgive our sins as we forgive”

The Dismissal



Fasts During Lent

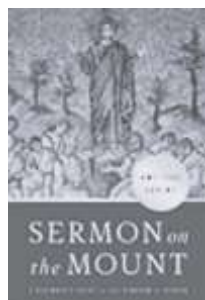
Music Fast: For the **first three Sundays of Lent**, we will have simple “said services” with no music. This Lenten “fast” from music is a way to focus our worship in this season of sorrow, to be more prayerful and penitent. This fast will also be a time when our musicians can enjoy a well-earned Sabbath rest from their work of preparing for and leading the music every Sunday, and of researching music for the choir during the holidays. We will appreciate them all the more when they return at the end of this music fast.

Daniel Fast Anyone interested in undertaking a **Daniel Fast**, modeled after the fast from the king’s food that Daniel followed in Daniel 1:8-16 at the beginning of his training in the Babylonian court, can contact Christine Kestner for guidance (christinekestnerchc@gmail.com).

Altar Flowers: During Lent, we will also **fast from altar flowers**. But as we look forward to **Easter and the Bishop’s visit**, your gift of flowers is a wonderful way to give thanks for or to remember a loved one. Please contact Judy Hall if you’d like to **contribute flowers or funds for either of those occasions**. Your memorials will be listed in the bulletins.

LENTEN STUDY

Join us for a **simple evening meal** of soup, salad, and bread, **lively discussions**, and **Compline**. For six **Wednesdays beginning March 12**, the **Rev. Cathy Tibbetts** will lead a Lenten exploration using the book and DVD by Amy-Jill Levine “**Sermon on the Mount: A Beginners Guide to the Kingdom of Heaven**.” We will meet from 6 p.m. to 8 p.m. in the Parish Hall. Please register with Tim Hall so we can be sure to have enough books for everyone. In preparation for the first get together, please read chapters 5 thru 7 from Matthew’s Gospel.



OUR COMMUNITY



We continue to support FISH of Clarke County (36 E. Main St., Berryville) with donations of food and supplies. **In February, we donated 35 pounds** of food and toiletries, and prepared and distributed 40 “to-go” meals. Our next

donations will be delivered on Tue., March 25. “To-go” meals will also be prepared on **Tue., March 25** and given out on **Wed. Feb. 26**. If you’d like to be involved in or lead this wonderful and growing ministry in 2025, talk to Judy Hall.

WOMEN’S AL-ANON GROUP

A small group of five women has started holding Al-Anon meetings at Good Shepherd. They meet **every Tuesday from noon to 2 p.m. in the Parish Hall**. The group is using the book “Path to Recovery” and welcomes any other women who would like to participate.

BISHOP VISITATION

The **Rt. Rev. E. Mark Stevenson** will be visiting Good Shepherd on **Sun., April 27**. As is customary during such visits, the Bishop will lead worship and celebrate at the Lord’s Table. He will also perform rites associated with the Bishop’s ministry, such as Reaffirmation of baptismal vows or Reception in the Episcopal Church at Good Shepherd.. Please **speak with Rev. Deb or Rev. Cathy** if you are, or someone you know is, interested in learning more about these rites. Immediately following the service, the Bishop will join us for a time of fellowship and informal conversation concerning any and all aspects of life and the mission of the Episcopal Diocese of Virginia.

MARK YOUR CALENDARS

- Sunday, April 6 – guest celebrant, the **Rev. Shirley Smith Graham**, Diocesan Minister of Congregational Vitality.
- Sunday, April 13 – Palm Sunday Liturgy of the Palms and Passion Liturgy.
- Thursday, April 17 – Maundy Thursday sacred supper, worship, and foot washing.
- Friday, April 18 – Stations of the Cross and Good Friday worship.
- Sunday, April 20 – The Day of Resurrection.
- Sunday, April 27 – **Bishop Stevenson** visitation.

More information, with times, coming soon. If you’d like to be involved in planning and/or implementation, or if you have any ideas, please talk to a member of our vestry or one of our clergy.



PRAYERS

*Please pray for our neighbors
and for ways we can serve the community.*

Friends and Family: Vicki Hooper (in-law of the Halls); Michael Finnerin (family friend of the Whitehouses); Rose Holden; Pine Grove Group AA; Terry (our neighbor Gertrude's niece); Lois Tapscott; Nancy Prestipino (former organist); Bishop Gayle Harris; Nancy Holden (Rose's sister-in-law); Becky Loker (the daughter of a friend of the Halls); Dianne Brumback & family (The Village Market); Eileen Cawood; Jordan Williams (Lois's nephew); Pam Huff (Rose's friend); The Keelor and Mowe families; Nathaniel Cawood (Eileen's son) and his wife Abbie; Jon Ecklund (Christine's brother-in-law); Jean Ames (Judi Floyd's neighbor); Lovette and the Rev. Michael Sie; Nancy Kelley; Kevin Tapscott (Lois's nephew); Yvette Webster (Rachel's partner); Craig Eney (Andrea's brother in law); Hyden McClain (Nancy Kelley's great grandson); Cat Cox (Retreat neighbor); Bobby Duke (our neighbor); Rose Eiseman (Judi Floyd's friend's niece); Dane Toler (Lee's spouse); The Adamson Family in Russia, especially Chris; Dusty Bailey and Ted Weaver (Charlene's friends); Martha Hayes; Lee Ruddle; David Aikman (Charlene's husband); Tim & Cindy Ingram; Michael Mohn (previous clergy); Kathleen Franz (Kelly's mother); Roberta Adams (Tim Ingram's friend); Geraldine Kolowski, Sam Myers, John West, and Kenny Lucas (Darlene's friends & family).

In thanksgiving for the life of Richard Sauer (Cindy Ingram's father), July 8, 1934 to February 22, 2025.

***To add someone to or remove someone from the prayer list,
send an email to prayerlist@goodshepherdbluemont.org***



GOOD SHEPHERD EPISCOPAL CHURCH

27 Good Shepherd Road; P.O. Box 324, Bluemont, VA 20135

540-252-5825 | office@goodshepherdbluemont.org

www.goodshepherdbluemont.org

Senior Warden: Judy Hall

Register: Janet Locklear

Junior Warden: Penni Tidwell

Treasurer: Tim Hall