

# Good Shepherd Episcopal Church



The Village of Pine Grove, Virginia



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The Fifth Sunday after the Epiphany  
February 4, 2024

# Welcome to Good Shepherd Church

We are so glad you are here or joining us online!



## CALENDAR

- SUN Feb 4**    **The Fifth Sunday after the Epiphany**  
12:15 p.m.    **Annual Congregational Meeting**
- THU Feb 8**    **New Vestry Business Meeting**, 4:30 p.m. at the church
- SUN Feb 11**    **The Last Sunday after the Epiphany**  
11:00 a.m.    **Holy Eucharist** with the Rev. Rob Banse  
**Commissioning of the New Vestry**  
Lay Reader: Cindy Ingram | LEM & Prayers: Tim Hall  
Keyboardist: Janet Locklear | Zoomer: Judy Hall
- TUE Feb 13**    **Shrove Tuesday Community Pancake Supper**  
6:00 to 7:30 p.m., downstairs at the church
- WED Feb 14**    **Ash Wednesday**  
7:00 p.m.    **Holy Eucharist** with the Rev. Martha Clark  
Lay Reader: Janet Locklear  
LEM & Prayers: Cindy Ingram  
Keyboardist: Janet Locklear | Zoomer: Tim Hall
- FRI Feb 16**    **Lenten Study**, noon to 2 p.m. at the church (see Notices)
- SAT Feb 17**    **New Vestry Retreat**, 10 a.m. to 3 p.m. at the church
- SUN Feb 18**    **The First Sunday in Lent**  
11:00 a.m.    **Holy Eucharist** with the Rev. Deborah Rutter  
Lay Reader: Kelly Macoy | LEM & Prayers: Judy Hall  
Keyboardist: Janet Locklear | Zoomer: Penni Tidwell
- FRI Feb 23**    **Lenten Study**, noon to 2 p.m. at the church (see Notices)
- SAT Feb 24**    **Free showing of documentary The Philadelphia Eleven**  
10 a.m. at Grace Episcopal Church in Berryville  
(see Notices)

**Alcoholics Anonymous** meets at Good Shepherd every Saturday at 8:30 p.m., in person or by Zoom. Drop in, or visit <https://aavirginia.org/meetings> and search for Bluemont.



# THE HOLY EUCHARIST: RITE TWO

Celebrant: The Rev. Martha Clark

Lay Reader: Eileen Cawood | LEM & Prayers: Josette Keelor

Keyboardist: Eileen Cawood | Zoomer: Penni Tidwell

## Welcome and Introduction

Prelude: "We are One in the Spirit" *St. Brendan's/Scholtes/Nelson*

Opening **Hymn 527** "Singing Songs of Expectation" *Ton-y-Botel*

**The Word of God** *BCP p. 355*

*Celebrant* Blessed be God: Father Son, and Holy Spirit.

*People* **And blessed be God's kingdom, now and forever.  
Amen.**

*The Celebrant prays*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Praise **Hymn 411** "O bless the Lord, my soul" *Aaron Williams*  
*v. 1, 2, 5 & 6*

## The Collect of the Day

*The Celebrant says to the people*

The Lord be with you.

*People* **And also with you.**

*Celebrant* Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

**The Lessons** *(The people may be seated)*

## The Old Testament: Isaiah 40:21-31

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations

of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing.

Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing.

Why do you say, O Jacob, and speak, O Israel, “My way is hidden from the LORD, and my right is disregarded by my God”? Have you not known? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth.

He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the LORD shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Hear what the Spirit is saying to God’s people.

*People* **Thanks be to God.**

### **Psalm 147:1-12, 21c**

*Said responsively*

*Laudate Dominum*

1 **Hallelujah!**

How good it is to sing praises to our God! \*

**how pleasant it is to honor him with praise!**

2 The LORD rebuilds Jerusalem; \*

**he gathers the exiles of Israel.**

3 He heals the brokenhearted \*

**and binds up their wounds.**

4 He counts the number of the stars \*

**and calls them all by their names.**

- 5 Great is our LORD and mighty in power; \*  
**there is no limit to his wisdom.**
- 6 The LORD lifts up the lowly, \*  
**but casts the wicked to the ground.**
- 7 Sing to the LORD with thanksgiving; \*  
**make music to our God upon the harp.**
- 8 He covers the heavens with clouds \*  
**and prepares rain for the earth;**
- 9 He makes grass to grow upon the mountains \*  
**and green plants to serve mankind.**
- 10 He provides food for flocks and herds \*  
**and for the young ravens when they cry.**
- 11 He is not impressed by the might of a horse; \*  
**he has no pleasure in the strength of a man;**
- 12 But the LORD has pleasure in those who fear him, \*  
**in those who await his gracious favor.**
- 21 Hallelujah!

### **The New Testament: 1 Corinthians 9:16-23**

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Hear what the Spirit is saying to God's people.

*People* **Thanks be to God**

Gradual Hymn **WLP 780** “Lord, you give the great commission”

*vv. 1, 2 & 5.*

*Cyril Vincent Taylor*

*Then, [all standing,] the Priest reads the Gospel, first saying*

The Holy Gospel of our Lord Jesus Christ according to Mark.

*People*

**Glory to you, Lord Christ.**

### **The Gospel: Mark 1:29-39**

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon’s mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, “Everyone is searching for you.” He answered, “Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do.” And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

*The Word of the Lord.*

*People*

**Praise to you, Lord Christ.**

*(The People may be seated)*

### **The Homily**

*The Rev. Martha Clark*

### **The Nicene Creed**

*BCP p. 358*

*The People stand*

**We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,**

eternally begotten of the Father, God from God,  
Light from Light, true God from true God,  
begotten, not made, of one Being with the Father.  
Through him all things were made.

For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.

On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,  
and the life of the world to come. Amen.

Prayer Hymn **WLP 795** “Come now, O Prince of Peace” *Geonyong Lee*

**The Prayers of the People, Form VI**

*BCP p. 392*

*(Please be seated or kneel) The Leader and People pray responsively*

In peace, we pray to you, Lord God.

*Silence*

For [*those on our Friends and Family prayer list on the back page*]. For all  
people in their daily life and work;

**For our families, friends, and neighbors, and for those who are alone.**

For the homeless nearby and across our nation. For the victims of mass shootings and gun violence that continue unabated. For the safety and freedom from theft for Pine Grove and Shenandoah Retreat residents and Appalachian Trail hikers. For this community, the nation, and the world;

**For all who work for justice, freedom, and peace.**

For those suffering from climate change and natural disasters. For migrants and refugees and all who are exploited. For the just and proper use of your creation;

**For the victims of hunger, fear, injustice, and oppression.**

For all people suffering from conflicts throughout the world. May they find a way to peace. For all who are in danger, sorrow, or any kind of trouble;

**For those who minister to the sick, the friendless, and the needy.**

In the *Diocesan Cycle of Prayer* we pray today for Clarke Parish (Grace & St. Mary's), Berryville; Leeds, Markham; St. Andrew's-Ada, Marshall; St. Barnabas, Annandale; and St. John the Baptist, Ivy. In the *Anglican Cycle of Prayer*, we pray today for The Anglican Church of South America. For the peace and unity of the Church of God;

**For all who proclaim the Gospel, and all who seek the Truth.**

For Justin, Archbishop; for Michael, Presiding Bishop; for Mark and Gayle, our Bishops; for Debbie, Martha, and Rob, our Supply Clergy, and for all bishops and other ministers.

**For all who serve God in his Church.**

For the special needs and concerns of this congregation.

*Silence*

*The People may add their own petitions*

Hear us, Lord;

**For your mercy is great.**

We thank you, Lord, for all the blessings of this life.

*Silence*

*The People may add their own petitions*

We will exalt you, O God our King;  
**And praise your Name for ever and ever.**

We pray for all who have died, remembering especially Faye Showalter, Lois Tapscott's friend, that they may have a place in your eternal kingdom.

*Silence*

*The People may add their own petitions*

Lord, let your loving-kindness be upon them;  
**Who put their trust in you.**

### **Confession of Sin**

*BCP p. 360*

*The Deacon or Celebrant says*

Let us confess our sins against God and our neighbor.

*Silence may be kept.*

*Minister and People*

**Most merciful God,**

**we confess that we have sinned against you**

**in thought, word, and deed,**

**by what we have done, and by what we have left undone.**

**We have not loved you with our whole heart;**

**we have not loved our neighbors as ourselves.**

**We are truly sorry and we humbly repent.**

**For the sake of your Son Jesus Christ,**

**have mercy on us and forgive us;**

**that we may delight in your will, and walk in your ways,**

**to the glory of your Name. Amen.**

*The Bishop, when present, or the Priest, stands and says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

### **The Peace** (*The People stand*)

*Celebrant*      The peace of the Lord be always with you.

*People*          **And also with you.**

## Greetings and Announcements *(Please be seated)*

### THE HOLY AND SPIRITUAL COMMUNION

#### The Offertory

*The Celebrant begins the Offertory with a sentence of Scripture.*

Offertory Hymn **WLP 778** “We all are one in mission” *David Evans*

*The People stand for the Doxology*

**Hymn 380 v.3** “Praise God from whom all blessings flow” *Old 100th*

#### The Great Thanksgiving

*Eucharistic Prayer B, BCP p. 367*

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Lift up your hearts.

*People* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father almighty, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your son Jesus Christ our Lord..

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name: *[Hymnal S-125]*

***Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.***

***Hosanna in the highest. Hosanna in the highest.***

***Blessed is he who comes in the name of the Lord.***

***Hosanna in the highest. Hosanna in the highest.***

*The People may be seated or kneel*

*Then the Celebrant continues*

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your

people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

*At the following words concerning the bread, the Celebrant is to hold it, or to lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.*

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

*Celebrant and People*

**We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with [\_\_\_\_\_ and] all your saints, we may enter the everlasting heritage of your sons and daughters;

through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

And now as our Savior Christ has taught us, we are bold to say,

*People and Celebrant*

*BCP p. 364*

**Our Father who art in heaven,  
hallowed be thy Name.  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

### **The Breaking of the Bread**

*Celebrant* [Alleluia] Christ our Passover is sacrificed for us.  
*People* **Therefore let us keep the feast [Alleluia].**

### **The Fraction Anthem: Christ our Passover**

*S-154*

*Alleluia, alleluia, alleluia. Christ our Passover is sacrificed for us;  
therefore let us keep the feast. Alleluia, alleluia, alleluia*

### **An Invitation to a Spiritual Communion**

*A spiritual communion is a personal devotional that can be prayed at any time to express a desire to receive Holy Communion when circumstances prevent a person from actually receiving Holy Communion.*

## The Act of Reception

*The Celebrant invites the following prayer to be said by all **virtual** participants.*

Lord Jesus, I believe that you are truly present in the Holy Sacrament. And, since I cannot at this time receive communion, I pray you to come into my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

*The Celebrant says the following*

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.*

Communion Hymn “We are One in The Spirit”

*We are one in the Spirit, We are one in the Lord,  
We are one in the Spirit, We are one in the Lord,  
And we pray that all unity may one day be restored:*

*Refrain: And they'll know we are Christians  
by our love, by our love,  
Yes, they'll know we are Christians by our love.*

*We will work with each other, We will work side by side,  
We will work with each other, We will work side by side  
And we'll guard each one's dignity  
and save each one's pride: (Refrain)*

*We will walk with each other, We will walk hand in hand,  
We will walk with each other, We will walk hand in hand,  
And together we'll spread the news  
that God is in our land: (Refrain)*

*After communion, the Celebrant says*

Let us pray.

*Celebrant and People*

*BCP p. 365*

**Eternal God, heavenly Father,  
you have graciously accepted us as living members  
of your Son our Savior Jesus Christ,**

**and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.**

*The Celebrant pronounces this blessing*

May God the Father bless you, God the Son heal you, God the Holy Spirit give you strength. May God the holy and undivided Trinity guard your body, save your soul, and bring you safely to his heavenly country; where he lives and reigns for ever and ever. **Amen.**

Closing **Hymn 529** “In Christ there is No East or West”

*McKee*

**The Dismissal**



## **NOTICES**

### **ANNUAL CONGREGATIONAL MEETING**

Our annual congregational meeting is today after the service. We'll review what we accomplished last year, elect our new vestry committee, and talk about plans for 2024.

### **BREATHING DEEPLY WITH GOD:**

Join us next Sunday after the service for our third session of listening to and sharing how we each breathe deeply with God. These sessions are a wonderful opportunity and privilege to get to know one another “in the things that are eternal.” The evocative phrase “breathing deeply with God” comes from a sermon by the Rev. Rob Banse at Good Shepherd Church on Pentecost Sunday last May.

### **LENTEN STUDY**

For six Fridays starting on Feb. 16, Rev. Deborah Rutter will lead a Lenten study of baptismal promises using the guide “Will You?” We will meet from noon to 2 p.m. in our Parish Hall, starting with a light

lunch (soup & bread). Please register with Judy Hall so we can be sure to have enough books and supplies for everyone.

### **MARK YOUR CALENDARS!**

**Tuesday, Feb. 13 – Shrove Tuesday Pancake Supper.** Spread the word about this **FREE Community Event** held downstairs in the parish hall from 6 to 7:30 p.m. Invite friends and neighbors and plan on coming yourself. Food, fun, and fellowship!

**Saturday, Feb. 24 –** Good Shepherd Church is co-sponsoring a **FREE** showing of the feature-length documentary **“The Philadelphia Eleven”** at **10 a.m. at Grace Episcopal Church** in Berryville. Please invite a friend to view this documentary about 11 women whose act of civil disobedience in 1974 over their ordination as Episcopal priests became a movement that transformed an age-old institution and challenged the very essence of patriarchy within Christendom.

**Sunday, Feb. 25 -** The **Prayer and Meditation Garden** team is meeting after the worship service and fellowship time to plan the next phase of Spring and Summer planting and garden work, as well as discuss ways to bring more worship and community events to our garden space. We will also be looking at a good time for a Meditation Garden Dedication service. Please join us for this planning meeting and our upcoming work days (to be announced).

### **OUR COMMUNITY**



We continue to support FISH of Clarke County (36 E. Main St., Berryville) with donations of food and supplies. Our **January donation** of canned, dried and boxed foods weighed **86 pounds**. On Wednesday, Jan. 28, Lois Tapscott and Judy Hall packed and brought to the FISH food pantry boxed meals of two sliders, an apple and trail mix, as well as mandarin oranges and bags of chips, and **distributed 35 of these “to-go” meals**. The FISH clothing store and food pantry are open 8-10 a.m. every Tuesday and 8-11 a.m. every Wednesday. Anyone not able to stop in at those times can contact FISH at 540-955-1823 or [fishfoodpantry@comcast.net](mailto:fishfoodpantry@comcast.net) to schedule a delivery or to volunteer.

## PRAYERS

**Please continue to pray for our neighbors and for ways that our church can serve the community.**

***Friends and Family:*** Rob Banse; Richard Cadicamo (Penelope's stepson's partner); Alan Moeck (Christine's friend); Allison Knapp, Jamie Legg, Joanne Conner, and Chris Turner (Josette's friends); Cat Cox; Bobby Duke; Rose & Tyler Eiseman (Judi Floyd's friends); Elaine Eppley & family (Eileen's sister); Dane Toler (Lee's spouse); Bert Bonavita (Penni's cousin); Judson Hardy (Janet's father); Penelope Yungblut; Martha Hayes; Sheila and Karen Tapscott; Lee Ruddle; Tim Ingram; George & Debbie Rutter; Jeanette Carter; Nancy Kelley; the Adamson family in Russia; Jorie & Richard Martin; Dusty Bailey & Ted Weaver (Charlene's friends); David Aikman (Charlene's husband); Michael Mohn & Ralph Bayfield (previous clergy); Kathleen Franz (Kelly's mother); Adele & Richard Sauer (Cindy's parents); Judith Refo (Judy Hall's mother); Tara Refo (Judy Hall's cousin); Roberta Adams (Tim Ingram's friend); Pat Pearson; and Geraldine Kolowski, Sam Myers, John West & Kenny Lucas (Darlene's friends & family).

**In thanksgiving** for the life of Faye Showalter, Lois Tapscott's friend.

***To add someone to or remove someone from the prayer list, send an email to [prayerlist@goodshepherdbluemont.org](mailto:prayerlist@goodshepherdbluemont.org)***

For the homeless nearby and across our nation. For the victims of mass shootings and gun violence that continue unabated. For the safety and freedom from theft for Pine Grove and Shenandoah Retreat residents and Appalachian Trail hikers. For those suffering from climate change and natural disasters. For migrants and refugees and all who are exploited. For all people suffering from conflicts throughout the world.

***The Church:*** For Justin, Archbishop; for Michael, Presiding Bishop; for Mark and Gayle, our Bishops; and for Debbie, Martha and Rob, our Supply Clergy.



### GOOD SHEPHERD EPISCOPAL CHURCH

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