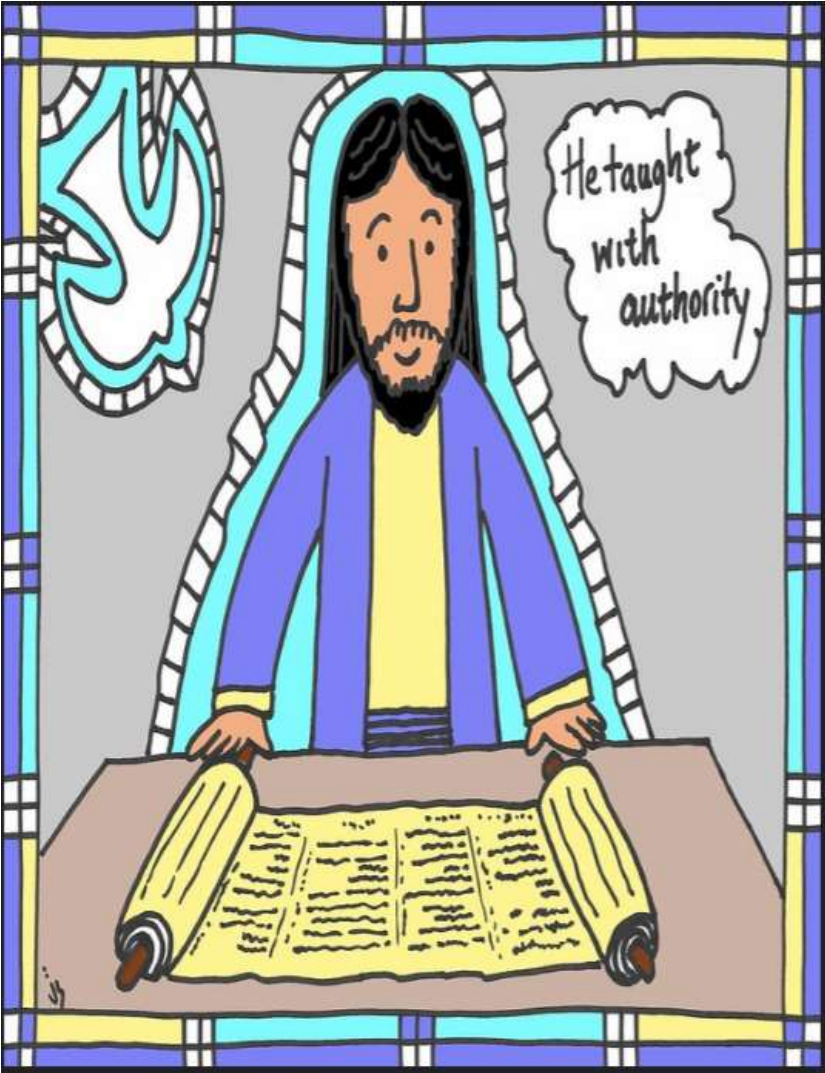


# Good Shepherd Episcopal Church



The Village of Pine Grove, Virginia



The Fourth Sunday after the Epiphany

January 28, 2024

# Welcome to Good Shepherd Church

We are so glad you are here or joining us online!



## CALENDAR

- MON Jan 29** FISH Donations due at the Church
- WED Jan 31** FISH To-go Meals, 9-11 a.m. at FISH in Berryville
- SUN Feb 4** The Fifth Sunday after the Epiphany  
11:00 a.m. Holy Eucharist with the Rev. Martha Clark  
Lay Reader: Eileen Cawood  
LEM & Prayers: Josette Keelor  
Keyboardist: Eileen Cawood | Zoomer: Penni Tidwell  
12:15 p.m. Annual Congregational Meeting
- THU Feb 8** New Vestry Business Meeting, 4:30 p.m. at the church
- SUN Feb 11** The Last Sunday after the Epiphany  
11:00 a.m. Holy Eucharist with the Rev. Rob Banse  
Commissioning of the New Vestry  
Lay Reader: Cindy Ingram | LEM & Prayers: Tim Hall  
Keyboardist: Janet Locklear | Zoomer: Judy Hall
- TUE Feb 13** Shrove Tuesday Community Pancake Supper  
6:00 to 7:30 p.m. downstairs at the church
- WED Feb 14** Ash Wednesday  
7:00 p.m. Holy Eucharist with the Rev. Martha Clark  
Lay Reader: Janet Locklear  
LEM & Prayers: Cindy Ingram  
Keyboardist: Janet Locklear | Zoomer: Tim Hall
- FRI Feb 16** Lenten Study, noon to 2 p.m. at the church (see Notices)
- SAT Feb 17** New Vestry Retreat, 10 a.m. to 3 p.m. at the church

**Alcoholics Anonymous** meets at Good Shepherd every Saturday at 8:30 p.m., in person or by Zoom. Drop in, or visit <https://aavirginia.org/meetings> and search for Bluemont.



# Daily Morning Prayer: Rite II

Officiant: Cindy Ingram

Lay Readers: Penelope Yungblut & Ray Ewing

Keyboardist: Eileen Cawood | Zoomer: Tim Hall

## Welcome and Introduction

Prelude: "O Saviour, Hear Me"

*Gluck*

## Opening Sentence and Prayer for Epiphany

*(The People stand)*

*Officiant* Arise, shine, for your light has come, and the glory of  
the Lord rises upon you. *Isaiah 60:1*

*People* **The Lord is my light and my salvation; whom shall  
I fear?** *Psalm 27:1*

*Officiant* The Lord be with you.

*People* **And also with you.**

*Officiant* Let us pray.

*Officiant and People*

**O God, by the leading of a star you manifested your only Son to  
the Peoples of the earth: Lead us, who know you now by faith,  
to your presence, where we may see your glory face to face;  
through Jesus Christ our Lord, who lives and reigns with you  
and the Holy Spirit, one God, now and for ever. Amen.**

Opening Hymn 493 "O for a thousand tongues to sing"

*Azmon*

## Confession of Sin

*BCP p. 79*

*The Officiant says to the people*

Let us confess our sins against God and our neighbor.

*Officiant and People*

**Most merciful God,**

**we confess that we have sinned against you**

**in thought, word, and deed,**

**by what we have done,**

**and by what we have left undone.**

**We have not loved you with our whole heart;**

**we have not loved our neighbors as ourselves.**

**We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will, and walk in your ways,  
to the glory of your Name. Amen.**

*The Officiant says*

Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. **Amen.**

**The Invitatory and Psalter**

*BCP p. 80*

*Officiant* Lord, open our lips

*People* **And our mouth shall proclaim your praise.**

*Officiant and People*

**Glorify to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.  
Alleluia!**

*The Antiphon (Officiant)*

The Lord has shown forth his glory: Come let us adore him.

**Jubilate**

*BCP p. 82 (Hymnal S-44)*

*Psalms 100*

**Be joyful in the Lord, all you lands; \*  
serve the Lord with gladness  
and come before his presence with a song.**

**Know this: The Lord himself is God; \*  
he himself has made us, and we are his;  
we are his people and the sheep of his pasture.**

**Enter his gates with thanksgiving;  
go into his courts with praise; \*  
give thanks to him and call upon his Name.**

**For the Lord is good;  
his mercy is everlasting; \*  
and his faithfulness endures from age to age.**

**Glorify to the Father, and to the Son, \*  
and to the Holy Spirit:  
As it was in the beginning, is now, \*  
and will be for ever. Amen.**

## **The Lessons** (*The People may be seated*)

*The Reader introduces the first lesson, saying*

A Reading from the Book of Deuteronomy.

### **The Old Testament: Deuteronomy 18:15-20**

Moses said: The LORD your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the LORD your God at Horeb on the day of the assembly when you said: “If I hear the voice of the LORD my God any more, or ever again see this great fire, I will die.” Then the LORD replied to me: “They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die.”

Hear what the Spirit is saying to God’s people.

*People* **Thanks be to God.**

### **Psalm 11**

*Said responsively*

*Confitebor tibi*

1 **Hallelujah!**

I will give thanks to the LORD with my whole heart, \*  
**in the assembly of the upright, in the congregation.**

2 Great are the deeds of the LORD! \*  
**they are studied by all who delight in them.**

3 His work is full of majesty and splendor, \*  
**and his righteousness endures for ever.**

4 He makes his marvelous works to be remembered; \*  
**the LORD is gracious and full of compassion.**

5 He gives food to those who fear him; \*  
**he is ever mindful of his covenant.**

6 He has shown his people the power of his works \*  
**in giving them the lands of the nations.**

- 7 The works of his hands are faithfulness and justice; \*  
**all his commandments are sure.**
- 8 They stand fast for ever and ever, \*  
**because they are done in truth and equity.**
- 9 He sent redemption to his people;  
he commanded his covenant for ever; \*  
**holy and awesome is his Name.**
- 10 The fear of the LORD is the beginning of wisdom; \*  
**those who act accordingly have a good understanding;  
his praise endures for ever.**

## The Epistle

*The Reader introduces the second lesson, saying*

A Reading from Paul's first letter to the Corinthians

### The New Testament: 1 Corinthians 8:1-13

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. “Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols?

So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Hear what the Spirit is saying to God's people.

*People* **Thanks be to God**

Gradual **Hymn 371** "Thou, whose almighty word"

*Moscow*

*The Reader introduces the third lesson, saying*

A Reading from the Gospel according to Mark

**The Gospel: Mark 1:21-28**

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

Hear what the Spirit is saying to God's people.

*People* **Thanks be to God.**

**The Homily**

*Cindy Ingram*

**The Apostles' Creed**

*BCP p. 96*

*Officiant and People together, all standing*

**I believe in God, the Father almighty,  
creator of heaven and earth;**

I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church, the communion of saints,  
the forgiveness of sins, the resurrection of the body,  
and the life everlasting. Amen.

Prayer Hymn 586 "From thee all skill and science flow"

*The Church's Desolation*

### The Prayers

BCP p. 97

*Officiant* The Lord be with you.  
*People* **And also with you.**  
*Officiant* Let us pray.

*The People may be seated or kneel*

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come, thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

## Suffrages A

BCP p. 97

- V. Show us your mercy, O Lord;  
**R. And grant us your salvation.**
- V. Clothe your ministers with righteousness;  
**R. Let your people sing with joy.**
- V. Give peace, O Lord, in all the world;  
**R. For only in you can we live in safety.**
- V. Lord, keep this nation under your care;  
**R. And guide us in the way of justice and truth.**
- V. Let your way be known upon earth;  
**R. Your saving health among all nations.**
- V. Let not the needy, O Lord, be forgotten;  
**R. Nor the hope of the poor be taken away.**
- V. Create in us clean hearts, O God;  
**R. And sustain us with your Holy Spirit.**

### *The Officiant prays the Collect of the Day*

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## The Prayers of the People, Form VI

BCP p. 392

### *The Leader and People pray responsively*

In peace, we pray to you, Lord God.

### *Silence*

For Rob Banse, Richard Cadicamo (Penelope's stepson's partner), Alan Moeck (Christine's friend), Allison Knapp, Jamie Legg, Joanne Conner, and Chris Turner (Josette's friends), Cat Cox, Bobby Duke, Rose & Tyler Eiseman (Judi Floyd's friends), Elaine Eppley and & family (Eileen's sister), Dane Toler (Lee's spouse), Bert Bonavita (Penni's cousin), Judson Hardy (Janet's father), Penelope Yungblut, Martha Hayes, Sheila and Karen Tapscott, Lee Ruddle, Tim Ingram, George & Debbie Rutter, Jeanette Carter, Nancy Kelley, the Adamson family in Russia, Jorie & Richard Martin, Dusty Bailey & Ted Weaver (Charlene's friends),

David Aikman (Charlene's husband), Michael Mohn & Ralph Bayfield (previous clergy), Kathleen Franz (Kelly's mother), Adele & Richard Sauer (Cindy's parents), Judith Refo (Judy Hall's mother), Tara Refo (Judy Hall's cousin), Roberta Adams (Tim Ingram's friend), Pat Pearson, and Geraldine Kolowski, Sam Myers, John West & Kenny Lucas (Darlene's friends & family). For all people in their daily life and work;

**For our families, friends, and neighbors, and for those who are alone.**

For the homeless nearby and across our nation. For the victims of mass shootings and gun violence that continue unabated. For the safety and freedom from theft for Pine Grove and Shenandoah Retreat residents and Appalachian Trail hikers. For this community, the nation, and the world;

**For all who work for justice, freedom, and peace.**

For those suffering from climate change and natural disasters. For migrants and refugees and all who are exploited. For the just and proper use of your creation;

**For the victims of hunger, fear, injustice, and oppression.**

For all people suffering from conflicts throughout the world. May they find a way to peace. For all who are in danger, sorrow, or any kind of trouble;

**For those who minister to the sick, the friendless, and the needy.**

In the *Diocesan Cycle of Prayer* we pray today for Grace, Stanardsville; St. Andrew's, Richmond; St. Mary's, Arlington; and St. Mary's, Colonial Beach. In the *Anglican Cycle of Prayer*, we pray today for The Anglican Church of Southern Africa. For the peace and unity of the Church of God;

**For all who proclaim the Gospel, and all who seek the Truth.**

For Justin, Archbishop; for Michael, Presiding Bishop; for Mark and Gayle, our Bishops; for Debbie, Martha, and Rob, our Supply Clergy, and for all bishops and other ministers.

**For all who serve God in his Church.**

For the special needs and concerns of this congregation.

*Silence*

*The People may add their own petitions*

Hear us, Lord;  
**For your mercy is great.**

We thank you, Lord, for all the blessings of this life.

*Silence*

*The People may add their own petitions*

We will exalt you, O God our King;  
**And praise your Name for ever and ever.**

We pray for all who have died, remembering especially John S. Yungblut, Penelope Yungblut's stepson, and Faye Showalter, Lois Tapscott's friend, that they may have a place in your eternal kingdom.

*Silence*

*The People may add their own petitions*

Lord, let your loving-kindness be upon them;  
**Who put their trust in you.**

## **The General Thanksgiving**

*BCP p. 101*

*Officiant and People*

**Almighty God, Father of all mercies,  
we your unworthy servants give you humble thanks  
for all your goodness and loving-kindness  
to us and to all whom you have made.**

**We bless you for our creation, preservation,  
and all the blessings of this life;  
but above all for your immeasurable love  
in the redemption of the world by our Lord Jesus Christ;  
for the means of grace, and for the hope of glory.**

**And, we pray, give us such an awareness of your mercies,  
that with truly thankful hearts we may show forth your praise,  
not only with our lips, but in our lives,  
by giving up ourselves to your service,  
and by walking before you  
in holiness and righteousness all our days;  
through Jesus Christ our Lord,**

**to whom, with you and the Holy Spirit,  
be honor and glory throughout all ages. Amen.**

*The Officiant prays* **A Prayer of St. Chrysostom** *BCP p. 102*

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. **Amen.**

*Officiant* Let us bless the Lord.

*People* **Thanks be to God.**

**The Grace** (*Ephesians 3:20, 21*)

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. **Amen**

**The Peace**

*Officiant* The peace of the Lord be always with you.

*People* **And also with you.**

**Greetings and Announcements** (*Please be seated*)

**The Offertory**

*The Officiant begins with a sentence of Scripture.*

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God. *Ephesians 5:2*

*The People stand for the Doxology*

**Hymn 380 v.3** “Praise God from whom all blessings flow” *Old 100<sup>th</sup>*

*Officiant* All things come of thee, O God.

*People* **And of thine own have we given thee.**

*The Officiant prays*

Oh God, our loving Creator and Giver of all good gifts, bless our parish, strengthen our faith and grant us the spirit of Christian stewardship so that we may give generously of ourselves to spread Your kingdom here in our church and throughout the world. For this, we pray to the Lord. **Amen.**

Closing **Hymn 448** “Oh love, how deep, how broad, how high”

*Deus tuorum militum*

**Closing Prayer**

O God of peace, who hast taught us that in returning and rest we shall be saved, in quietness and confidence shall be our strength: By the might of thy Spirit lift us, we pray thee, to thy presence, where we may be still and know that thou art God; through Jesus Christ our Lord. **Amen.**

**The Dismissal**

*Officiant*      Go in peace to love and serve the Lord.

*People*        **Thanks be to God.**



**NOTICES**

**BREATHING DEEPLY WITH GOD:**

**Our Experience of God’s Presence in Our Life**

Come join us today at our fellowship time after the service to listen to and share how we each breathe deeply with God. These sessions moderated by Penelope Yungblut started two weeks ago, when Penni Tidwell shared how she literally breathes deeply and moves with spontaneity to music. Two other church members will speak about their experiences today.



The 20<sup>th</sup>-century Quaker educator Thomas Raymond Kelly wrote that “it is a privilege to know one another in the things that are eternal,” and sharing and listening to how we breathe deeply with God is a wonderful opportunity to do just that. The evocative phrase “breathing deeply with God” comes from a sermon by the Rev. Rob Banse at Good Shepherd Church last May.

## ANNUAL CONGREGATIONAL MEETING

Our annual congregational meeting is next Sunday after the service. We'll review what we accomplished last year, elect our new vestry committee, and talk about plans for 2024. Your presence and input are appreciated; they are important in the life of the church.

## LENTEN STUDY

For six Fridays in Lent, starting on Feb. 16, Rev. Deborah Rutter will lead a Lenten study of baptismal promises using the guide "Will You?" We will meet from noon to 2 p.m. in our Parish Hall and will start with a light lunch (soup and bread). Please register with Judy Hall so we can be sure to have enough books and supplies for everyone.



## MARK YOUR CALENDARS!

**Tuesday, Feb. 13 – Shrove Tuesday Pancake Supper.** Spread the word about this **FREE Community Event** held downstairs in the parish hall from 6 to 7:30 p.m. Invite friends and neighbors and plan on coming yourself. Food, fun, and fellowship!

**Saturday, Feb. 24 –** The feature-length documentary **“The Philadelphia Eleven”** will be shown at **10 a.m. at Grace Episcopal Church** in Berryville. The documentary chronicles an act of civil disobedience in 1974 organized by a group of women, and their supporters, over their ordination as Episcopal priests. These women succeeded in building a movement that transformed an age-old institution and challenges the very essence of patriarchy within Christendom. ~Sponsored by Northern Shenandoah Region churches.

**Sunday, Feb. 25 -** The **Prayer and Meditation Garden** team is meeting after the worship service and fellowship time to plan the next phase of Spring and Summer planting and garden work, as well as discuss ways to bring more worship and community events to our garden space. We will also be looking at a good time for a Meditation Garden Dedication service. Please join us for this planning meeting and our upcoming work days (to be announced).

## VESTRY ANNOUNCEMENT

With Good Shepherd's slow but steady growth in the past several years, it is important our vestry reflects our new membership. The 2023 vestry voted to implement a three year term limit for each vestry member. Ideally two new members will join the vestry every year. To start this process, Lois Tapscott and Judy Hall will be stepping down.

The 2024 members of the vestry committee will use their personal talents and interests to care for parish finances, facilities, and provide leadership. Members participate in monthly vestry meetings and an annual vestry retreat. It is also important that vestry members are mindful of their own spiritual growth through regular worship, stewardship, study and fellowship.

If you'd like to be a part of this vital team, and we hope you would, or want to know more, please talk to one of the current vestry members. Our new vestry committee terms will start after our congregational meeting on Feb. 4. Thanks for considering it. God bless.

## OUR COMMUNITY



We continue to support FISH of Clarke County (36 E. Main St., Berryville) with donations of food and supplies. The FISH clothing store and food pantry are open 8-10 a.m. every Tuesday and 8-11 a.m. every Wednesday. Anyone not able to stop in at those times can contact FISH at 540-955-1823 or [fishfoodpantry@comcast.net](mailto:fishfoodpantry@comcast.net) to schedule a delivery or to volunteer.

**Please contribute to our FISH food drive each month.** If you see a good deal at the store for canned and dry goods, fresh produce, eggs or paper products, pick some up for FISH. **Tomorrow is the last day to bring in donations for this month.**



### **GOOD SHEPHERD EPISCOPAL CHURCH**

27 Good Shepherd Road; P.O. Box 324, Bluemont, VA 20135

540-252-5825 | [office@goodshepherdbluemont.org](mailto:office@goodshepherdbluemont.org)

[www.goodshepherdbluemont.com](http://www.goodshepherdbluemont.com)

*Senior Warden: Lois Tapscott*

*Treasurer: Cindy Ingram*

*Junior Warden: Tim Hall*

*Register: Janet Locklear*

## PRAYERS

Please continue to pray for our neighbors and for ways that our church can serve the community.

***Friends and Family:*** Rob Banse, Richard Cadicamo (Penelope's stepson's partner), Alan Moeck (Christine's friend), Allison Knapp, Jamie Legg, Joanne Conner, and Chris Turner (Josette's friends), Cat Cox, Bobby Duke, Rose & Tyler Eiseman (Judi Floyd's friends), Elaine Eppley and & family (Eileen's sister), Dane Toler (Lee's spouse), Bert Bonavita (Penni's cousin), Judson Hardy (Janet's father), Penelope Yungblut, Martha Hayes, Sheila and Karen Tapscott, Lee Ruddle, Tim Ingram, George & Debbie Rutter, Jeanette Carter, Nancy Kelley, the Adamson family in Russia, Jorie & Richard Martin, Dusty Bailey & Ted Weaver (Charlene's friends), David Aikman (Charlene's husband), Michael Mohn & Ralph Bayfield (previous clergy), Kathleen Franz (Kelly's mother), Adele & Richard Sauer (Cindy's parents), Judith Refo (Judy Hall's mother), Tara Refo (Judy Hall's cousin), Roberta Adams (Tim Ingram's friend), Pat Pearson, and Geraldine Kolowski, Sam Myers, John West & Kenny Lucas (Darlene's friends & family).

**In thanksgiving** for the lives of John S. Yungblut, Penelope Yungblut's stepson (April 22, 1949 – Jan. 15, 2024) and Faye Showalter, Lois Tapscott's friend.

***To add someone to or remove someone from the prayer list, send an email to [prayerlist@goodshepherdbluemont.org](mailto:prayerlist@goodshepherdbluemont.org)***

For the homeless nearby and across our nation. For the victims of mass shootings and gun violence that continue unabated. For the safety and freedom from theft for Pine Grove and Shenandoah Retreat residents and Appalachian Trail hikers. For those suffering from climate change and natural disasters. For migrants and refugees and all who are exploited. For all people suffering from conflicts throughout the world.

***The Church:*** For Justin, Archbishop; for Michael, Presiding Bishop; for Mark and Gayle, our Bishops; and for Debbie, Martha and Rob, our Supply Clergy. In the ***Diocesan Cycle of Prayer*** we pray today for Grace, Stanardsville; St. Andrew's, Richmond; St. Mary's, Arlington; and St. Mary's, Colonial Beach. In the ***Anglican Cycle of Prayer***, we pray today for The Anglican Church of Southern Africa.